

Competitive Gymnast Code of Conduct

This Code of Conduct is applicable to all children, young people and gymnasts accessing any program at Northern Districts Gymnastic Club.

Gymnasts should:	Gymnasts should not:
<ul style="list-style-type: none"> ✓ Be friendly to other gymnasts in your class. ✓ Respect other gymnasts, coaches and NDGC staff. ✓ Listen to each other. ✓ Use good manners. ✓ Respect the rights and differences of others. ✓ Speak up if they are worried, concerned or feel unsafe. ✓ Care for and respect the equipment. ✓ Try their best at all times. 	<ul style="list-style-type: none"> ✗ Bully each other. ✗ Use bad words or actions that are disrespectful i.e., swearing. ✗ Yell or shout at other gymnasts or coaches. ✗ Physically hurt another child i.e., hitting, kicking, smacking, punching, biting. ✗ Use inappropriate language. ✗ Touch other people's belongings without their permission.

2. Competitive Gymnast Code of Behaviour

In addition to Gymnastics Australia's General Code of Behaviour and Gymnastics WA's Code of Behaviour, Competitive Gymnasts at NDGC must adhere to the following code of behaviour when attending an event or competition as a competitor.

1. Be a role model and demonstrate mutual respect for everyone
 - a. Play with respect, integrity and fairness
 - b. Be modest in victory and gracious in defeat
 - c. If you win, do not rub it in
 - d. If you lose, do not make excuses
 - e. Control your temper
 - f. Do not use bad language or derogatory remarks.
2. Accept and respect the official's decision. Never argue with an official and if you disagree, speak to your coach in a professional manner.
3. Abuse in any form, towards anyone, is unacceptable.
4. Work equally hard for yourself and/or your teammates.
5. Respect your fellow participants and competitors
 - a. Treat your opponents and fellow participants the way you would like to be treated
6. Participate and abide by the rules for your own enjoyment and benefit, not just to please your parents or coaches.
7. Be honest with your coach(es) concerning illness and injury and your ability to train fully.
8. Be aware of the Anti-Doping rules and requirements pertaining to gymnastics.

3. Review History

Version	Date Reviewed	Date Endorsed	Content Reviewed
2	January 2022	07/01/2022	Updated on new policy template.
3	14/11/2022	14/11/2022	Reviewed. No change

4. Confidentiality and Reporting

Breaches of this policy must be reported to NDGC within 14 days of any occurrence. Breaches of this policy must be kept confidential and disclosure to any third party beyond NDGC management is not permitted.