

NDGC COVID-19 Procedures

Phase 4 – 27th June 2020 onwards

1) Facility usage

- a) There are to be a maximum of 300 athletes within the facility at any one time
- b) Coaches must abide by the points contained within this document & the legislation set by the WA Government
- c) All staff are to complete the Department of Health's COVID-19 Infection Control Training prior to returning to the facility
- d) All coaches must complete a record of attendance for each session performed within the facility
- e) Anyone displaying the below will not be permitted entry into the facility:
 - i) Temperature of 37.5 or higher on three separate readings on the digital thermometer
 - ii) Cough
 - iii) Sore throat
 - iv) Shortness of Breath
 - v) If you have been in contact with a known or suspected case of COVID-19 within the past 14 days
 - vi) Travelled overseas or interstate within the last 14 days, or have been in contact with someone who has travelled overseas or interstate within the last 14 days
- f) It is encouraged that athletes have their own bottle of hand sanitiser
- g) Drink fountains can only be used to fill up drink bottles (You cannot drink directly from them)
- h) No food is to be consumed in the facility. If you wish to eat, please do so outside and sanitise your hands as you re-enter
- i) Adopt a 'get in, train, get out' philosophy

2) Entering and Exiting the venue

- a) *Parents & Guardians*
 - i) There is very limited spectator seating within the reception area due to the 2sqm rule. We encourage parents to use the 'kiss and drive'
- b) *Athletes*
 - i) Athletes using the rear gym are to enter and exit via the roller doors (unless it is raining, then they are to enter through the reception area)
 - ii) Athletes using the front gym are to enter and exit via the reception area
 - iii) Athletes must sanitise their hands upon entering the venue
 - iv) Athletes will have their temperature checked by the digital thermometer
 - v) Athletes must bring all their belongings in a bag (drink bottle, towel, grips, tape, jumper, leggings, and any other items required to train)

c) *Coaches*

- i) Coaches are to enter either via the reception area or rear roller door
- ii) Coaches must sanitise their hands upon entry to the facility
- iii) Coaches are to test their own temperature

3) Foam Pit

- i) Athletes who wish to use the foam pit must use a landing mat placed on top of the foam pit

4) Physical Distancing

- a) There are to be a maximum of 300 athletes within the facility at any one time. Staff are excluded to this number
- b) Physical distancing measures should be adhered to
- c) Coaches are to sanitise their hands when spotting athletes

5) Hygiene

- a) Alcohol-based hand sanitiser will be located at the entry and exits of the facility
- b) Wall mounted hand sanitiser is located throughout the facility
- c) Hands are to be cleaned before, during and after training
- d) Hand basins will have a constant supply of paper towels and liquid soap. If washing your hands, please lather for at least 20 seconds
- e) How to wash your hands posters have been placed above all hand-basins

6) Cleaning of equipment

- a) All Cleaning of equipment is to follow the guidelines set out in the GA Club Surface and Equipment Cleaning Guidelines & the WA Government COVID Safety Plan
- b) All equipment is to be cleaned twice weekly
- c) All high touch areas are to be cleaned frequently
- d) Cleaning products are in both rear and front gym
- e) Cleaning products to contain the appropriate solutions as outlined in the COVID Safety Plan