

DISCIPLINE PROCEDURE

When a gymnast does not display appropriate behaviour during training, under the coach's discretion the following disciplinary action may occur:

- Step 1: Verbal Warning
- Step 2: Time out for 5 minutes within coach's view.
Record behaviour on attendance roll and notify the parent at the end of training.
- Step 3: If behaviour continues, sit athlete out and contact the parent immediately to collect the athlete. Record this behaviour on the attendance roll.

If the parents of the same athlete are called a second time to collect the athlete, a meeting is required with the gym sport coordinator to discuss the athlete's behaviour. A behaviour management plan maybe put in place and the athlete and parent must sign this document.

APPROPRIATE BEHAVIOUR

Training Ethic	Hard working attitude
Determination	Staying 100% focused at the task ahead
Honesty	Be true to yourself and teammates
Courage	To confront your fears and have a go
Trust	Trust your coaches and your technique

REMOVAL FROM THE COMPETITIVE PROGRAM

For its part NDGC & PGM commits to the child and his/her family for the competitive season. However, the gym sport coordinator necessarily has the right to remove an athlete from the competitive program at any time during the season, temporarily or altogether, under any of the following conditions.

1. If the gym sport coordinator in his/her discretion feels that the child's temperament, development or skill level prevents him/her from meeting the requirements of the competitive program.
2. If the conduct of the child or his/her parent(s) is disruptive. Indeed, if such inappropriate behaviour continues, the Gym sport coordinator may terminate the membership of the athlete and/or his/her parents altogether.
3. In the event the athlete is repeatedly absent, frequently arriving late or leaving early.